



CATHOLIC UNIVERSITY IN RUŽOMBEROK

— Shaping minds and hearts —

FACULTY OF EDUCATION

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Projects at the Department of Physical Education and Sport, Faculty of Education, CU

VEGA

Project name: Basic movement competencies and skills of primary school pupils in relation to gender, age and physical activities

Grant agency and project no.: VEGA 1/0280/19

Project duration: 2019-2021

Project leader for FE CU: PaedDr. Peter Krška, PhD.

Annotation:

Part of the teacher's pedagogical activity is the evaluation of its effectiveness. Motoric tests are used to verify the correctness of the content of the learning process in the subject of physical education and sports education. Most tests are based on the philosophy of reaching the maximum, which I do not consider appropriate for children of younger school age. The relatively newly designed test batteries MOBAK 1-2, MOBAK 3-4 and MOBAK 5-6 are based on the premise that the student fulfills movement tasks focused on a) controlling the movements of his own body (e.g. walking on an inclined bench) and b) controlling objects - most commonly balls, for example, I can throw, I can catch a flying object. By implementing these undemanding test batteries into the learning process in the Slovak Republic, we want to contribute to increasing children's interest in physical activity.